



"I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well."

Psalms 139:14

PURPOSECHURCH.COM/TOOLS

1

THE REFORMER | Moral Perfectionist

The Rational, Idealistic Type: Principled, Purposeful, Self-Controlled, and Perfectionistic

INTRODUCTION: Ones are conscientious and ethical, with a strong sense of right and wrong.

CORE FEARS: Being corrupt/evil, defective

BASIC DESIRE: To be good, to have integrity, to be balanced

HOW I TYPICALLY COMMUNICATE:

*-When Ones are healthy—*they communicate in an honest, polite, sincere way, and express their well-thought-out ideas.

*-When Ones are unhealthy—*they communicate in a correcting and judgmental tone and they are easily irritated, showing their displeasure visibly.

PAUL - PHILIPPIANS 3:4-14

WHAT IS ON YOUR _____ CHECKLIST?

PRACTICAL NEXT STEPS:

1. SPEND MORE TIME _____ WITH JESUS AND LESS TIME CRITICIZING YOURSELF AND OTHERS.

- PHILIPPIANS 3:7-11

2. REMEMBER YOU ARE IN _____ JUST LIKE THE REST OF US, AND WE LOVE THAT ABOUT YOU.

- PHILIPPIANS 3:12

“Celebration is central to all the spiritual disciplines. Without a joyful spirit of festivity, the disciplines become dull, death-breathing tools in the hands of modern Pharisees.”

Richard Foster

3. STOP _____ THE PAST. ENTRUST IT TO _____ . HE IS NOT _____ WITH YOU YET.

- PHILIPPIANS 3:13-14

What Leads To Conflict: When they are being criticized harshly and without support.

How To Show Ones Love: Listen, really listen to all their concerns and worries.

What can we learn from Ones: God sees the brokenness in and around us and desires to fix it through His presence in our lives.

Fill in the blanks TYPE ONE: superiority, connecting, process, replaying, God, done.

DISCUSSION QUESTIONS:

I'M NOT A ONE...

1. Who do you know in your family, life group, or oikos that is a One? How have you seen their Enneagram Oneness play out in your interactions with them?
2. Read Hebrews 3:13. Knowing that a One in your life struggles with a deep inner critic, how can you specifically encourage them? What lies or deceptions is Satan trying to tell you to attack the Ones in your life?

AS A ONE...

3. As an Enneagram One, how has my Oneness helped me and hurt me in my interactions with others?
4. Read 1 Timothy 1:15-16. Have you ever felt like Paul, who described himself as the worst of sinners? How does God's mercy and love help you from wallowing in your sin and the sin of others?

2

THE HELPER | Supportive Advisor

The Caring, Interpersonal Type: Demonstrative, Generous, Service-Oriented, and People-Pleasing

MARTHA - MARK 10:38-42

INTRODUCTION: Twos love giving to others and “service” is their middle name.

CORE FEARS: Being unwanted or unworthy of being loved.

BASIC DESIRE: Being appreciated, loved, and wanted.

HOW I TYPICALLY COMMUNICATE:

*-When Twos are healthy—*they carefully listen to others, ask good questions, are a warm presence, give helpful advice, and are a compassionate and empathetic listener.

*-When Twos are unhealthy—*they can either be passive-aggressive or very direct and give unsolicited advice. When they are “helping” too much, they can get angry and complain.

PRACTICAL NEXT STEPS:

1. FIND A TRUSTED PERSON AND HUMBLY AND HONESTLY _____ YOUR _____ TO THEM.
2. FOR ONCE, GIVE YOURSELF A BREAK FROM THE CONSTANT _____ TO TAKE CARE OF OTHER PEOPLE BEFORE _____.
3. USE THIS EXERCISE TO LET GO OF YOUR NEED TO BE _____ FOR WHAT YOU OFFER OTHERS, BECAUSE CHRIST LOVES YOU _____.

COLOSSIANS 3:23-24

What Leads To Conflict: Being overused and under-appreciated.

How To Show Twos Love: Tell them specifically what you appreciate about them.

What can we learn from Twos: God wants us to notice the needs of others around us and try to meet those needs to the best of our ability and with God's help.

LUKE 10:33-34

Fill in the blanks TYPE TWO: confide, needs, obligation, yourself, appreciated, unconditionally.

DISCUSSION QUESTIONS:

I'M NOT A TWO...

1. Who do you know in your family, life group, or oikos that is a Two? How have you seen their Enneagram Twoness play out in your interactions with them?
2. Read 1 Thessalonians 5:11. Knowing that a Two in your life struggles with feeling overused and under-appreciated, how can you specifically encourage them? What lies or deceptions is Satan trying to tell you to attack the Twos in your life?

AS A TWO...

3. As an Enneagram Two, how has my Twoness helped me and hurt me in my interactions with others?
4. Read Luke 10:38-42. Do you tend to prioritize relationships (like Mary) or getting things done (like Martha)? How can you manage the tension between the two?