



*"I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well."*

*Psalms 139:14*

[PURPOSECHURCH.COM/TOOLS](http://PURPOSECHURCH.COM/TOOLS)



### THE ACHIEVER | Successful Achiever

The Success-Oriented, Pragmatic Type: Adaptive, Excelling, Driven, and Image-Conscious

**INTRODUCTION:** Threes are driven and success-oriented, sometimes to the point of caring more about how they appear to others than they should.

**CORE FEARS:** Being exposed as or thought of as incompetent, inefficient, or worthless; failing to be or appear successful.

**BASIC DESIRE:** To make a difference in the world.

#### HOW I TYPICALLY COMMUNICATE:

*-When Threes are healthy—*they are clear, straight-forward, confident, motivating, efficient, focused on solutions, and encouraging.

#### HEALTHY MOSES:

**EXODUS 18:13-24, NUMBERS 12:3, DEUTERONOMY 31:7-8**

*-When Threes are unhealthy—*they can be self-promoting, impatient with emotional or lengthy conversations, angry or short-tempered when frustrated, and not willing to fully disclose what's really going on inside.

#### UNHEALTHY MOSES: NUMBERS 20:7-12

## PRACTICAL NEXT STEPS:

1. \_\_\_\_\_.
2. DRAW SOME \_\_\_\_\_ AROUND YOUR WORK LIFE, TAKING TIME TO \_\_\_\_\_ YOUR OWN NEEDS, RELATIONSHIPS WITH OTHERS, AND YOUR WALK WITH GOD OVER YOUR \_\_\_\_\_.
3. DO SOMETHING \_\_\_\_\_, JUST FOR THE SAKE OF REST, ENJOYMENT OR FUN.

**What Leads To Conflict:** Being treated as unimportant or worthless. Being accused or held responsible for another person's poor performance. Being given a task or job that I am most likely going to fail at or not be able to achieve a high status.

**How To Show Threes Love:** Tell them that you like being around them. Tell them how proud you are of them and their accomplishments. Please don't interrupt them while they are working. Give them honest but not unduly critical or judgmental feedback. Help them keep their surroundings harmonious and peaceful.

**What Can We Learn From Threes:** God wants us to live a life of purpose that makes a difference for eternity.

**Fill in the blanks TYPE THREE:** slow, down, boundaries, prioritize, goals, unproductive.

## DISCUSSION QUESTIONS:

### I'M NOT A THREE...

1. Who do you know in your family, life group, or oikos that is a Three? How have you seen their Type Threeness play out in your interactions with them?
2. Read Numbers 20:7-12. What could someone close to Moses have done to help him avoid this mistake that kept him out of the Promised Land?

### AS A THREE...

3. As a Type Three, how has my Threeness helped me and hurt me in my interactions with others?
4. On a scale from 1-10, how would you rate your personal drive to be successful and how does that tend to manifest in your life?

# 4

## THE INDIVIDUALIST | Romantic Individualist

The Sensitive, Introspective Type: Creative, Emotionally Honest, Self-Aware, and Temperamental

**INTRODUCTION:** Fours are emotionally honest, creative, and personal. At their best, they are inspired and highly creative, and able to renew themselves and transform their experiences. They typically have problems with melancholy, self-indulgence, and self-pity.

**CORE FEARS:** That they have no identity or personal significance. Being inadequate, emotionally cut off, plain, mundane, defective, flawed, or insignificant.

**BASIC DESIRE:** To find themselves and their significance (to create an identity).

### HOW I TYPICALLY COMMUNICATE:

*-When I am doing well—*I am authentic, deep, express my emotions with inner balance, empathetic, and a great listener when others are sad or grieving.

*-When I am not doing well—*I can be moody, emotionally intense and explosive, cold or detached, condescending, and steer the conversation to focus on me.

### BIBLE CHARACTER: DAVID

**What Leads To Conflict:** Others not understanding my unique viewpoint, when beauty and aesthetics are not valued, being forced to be like everyone else, being mundane, not able to be my authentic self, others trying to cheer me up and not allowing me to fully feel all of my emotions, being treated like I am too dramatic or overreacting, not receiving attention, affirmation or being valued.

**How To Show Fours Love:** Give me plenty of compliments. They mean a great deal to me. Be supportive of me by helping me love myself and see my significant value. Respect my unique abilities in having good intuition and vision. Please realize that I may not want to be cheered up when I am melancholy. Don't tell me that I'm too sensitive or overreacting!

**What We Can Learn From Fours:** A church or community with healthy Fours will never lack for reminders that personal transformation is a core part of God's work among us. The emotional depth of a four allows them to be a safe and compassionate source for others to unmask themselves and share burdens in safety. Fours also remind us that beauty is an essential part of the Christian story.

## **DISCUSSION QUESTIONS:**

### **I'M NOT A FOUR...**

1. Who do you know in your family, life group, or oikos that is a Four? How have you seen their Type Fourness play out in your interactions with them?
  
2. Read 1 Peter 3:8. Knowing that a Four in your life struggles with a sense of feeling misunderstood as an outsider and not belonging, how can you help them feel known, accepted, and included?

### **AS A FOUR...**

3. As a Type Four, how has my Fourness helped me and hurt me in my interactions with others?
  
4. Read Psalm 139. As you read this, remember that you are God's masterpiece exactly as you are. You don't need to prove you're a unique individual. You were hand-crafted by our Creator. How does this Psalm written by David, likely a Four, speak to your soul?

You can pick up copies of past sermon notes/study guides at the information center in the lobby. For more resources and links to previous sermons for this series go online to:  
**[purposechurch.com/tools](http://purposechurch.com/tools)**