

# UNIQUELY MADE

TOOLS FOR UNDERSTANDING HOW GOD MADE EACH OF US

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## WEEK 4: Types Five and Six

*"I praise you because **I am fearfully and wonderfully made;** your works are wonderful, I know that full well."*

*Psalm 139:14*

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### THE INVESTIGATOR | Investigative Thinker

The Intense, Cerebral Type: Perceptive, Insightful, Curious, and Isolated

**INTRODUCTION:** Fives are driven by logic and straight-thinking more than emotions, and can be distant and aloof if unhealthy. But when they are Christ-centered and whole, they can bring brilliance and insight to Scriptural truths.

**CORE FEARS:** Being annihilated, invaded, or not existing; being thought incapable or ignorant; having obligations placed upon them or; their energy depleted.

**BASIC DESIRE:** Being capable and competent.

#### HOW I TYPICALLY COMMUNICATE:

*-When Fives are healthy—*I can be respectful, non-intrusive, curious or observant, and engage in stimulating conversations with others.

**HEALTHY QUESTIONING NICODEMUS: JOHN 3:1-3**

**HEALTHY INVESTIGATOR LUKE: LUKE 1:1-4**

*-When Fives are unhealthy—*I can be overly brief, cold, and intellectually arrogant. I might withdraw or detach when I feel relational obligations placed on me.

**UNHEALTHY DOUBTING THOMAS: JOHN 3:1-3**

**UNHEALTHY HIDING SERVANT: MATTHEW 25:18**

**PRACTICAL NEXT STEPS:**

1. INVITE A TRUSTED PERSON TO COFFEE, MAKING TIME FOR \_\_\_\_\_ PARTICIPATION AND \_\_\_\_\_.
2. ENJOY THEIR COMPANY, ALLOWING YOURSELF TO BE \_\_\_\_\_ AND \_\_\_\_\_. ENGAGE IN THE CONVERSATION, EVEN IF THE PERSON \_\_\_\_\_ WITH ONE OF YOUR IDEAS.
3. INCREASE YOUR \_\_\_\_\_ TO GOD'S WORK OR PEOPLE IN NEED.

**What Leads To Conflict:** Being intruded on. My time and energy being demanded by someone without giving me advanced notification. Information I shared with someone privately about myself being shared with others. Being forced to participate in emotionally heavy conversations. When others don't recognize that I am more sensitive than I project. Not being given enough time to recharge.

**How To Show Fives Love:** Be independent and not clingy. Speak in a brief and straightforward manner. Interactions with people drain my inner resources to the point of depletion. Therefore, I need a lot of alone time to recharge and process my feelings and thoughts. Please understand that this need to replenish alone is not a sign that I do not like you or others. I simply need to restore my inner resources so I can rejoin and participate again. I don't like surprises, intrusions on my privacy, too many emotions, needy people or obligations.

**What Can We Learn From Fives:** We should deeply contemplate the Christian life and investigate all parts of it if we are going to be the most effective at reaching people for Christ, serving God and growing spiritually.

**Fill in the blanks TYPE FIVE:** relational, connection, present, vulnerable, disagrees, giving.

**DISCUSSION QUESTIONS:**

**I'M NOT A FIVE...**

1. Who do you know in your family, life group, or oikos that is a Five? How have you seen their Type Fiveness play out in your interactions with them?
2. How can I encourage a Five in my life to step outside their comfort zone and not withhold themselves with others?

**AS A FIVE...**

3. As a Type Five, how has my Fiveness helped me and hurt me in my interactions with others?
4. Are there friendships or relationships in my life in which I have been reserved or guarded for fear of depleting myself emotionally, physically, or spiritually?

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## THE LOYALIST | Loyal Guardian

The Committed, Security-Oriented Type: Engaging, Responsible, Trustworthy and Anxious

**INTRODUCTION:** Sixes anticipate life's dangers. They can struggle with fear and anxiety. When they are Christ centered they are open to loving others well and trusting the promises of God.

**CORE FEARS:** Feeling fear itself; being without support, security, or guidance; being blamed, targeted, alone, or physically abandoned.

**BASIC DESIRE:** Having guidance, security, and support.

### HOW I TYPICALLY COMMUNICATE:

*-When I am doing well—*I am warm, caring, compassionate, witty, funny, a good listener, and like to engage in a healthy two-way conversation.

*-When I am not doing well—*I can be overly reactive, anxious, skeptical, suspicious, not trusting, doubting of others and myself, and questioning of others.

#### RUTH

*But Ruth replied, "Don't urge me to leave you or to turn back from you. Where you go I will go, and where you stay I will stay. Your people will be my people and your God my God."*

*Ruth 1:16*

#### PETER

*But when he saw the wind, he was afraid and, beginning to sink, cried out, "Lord, save me!"*

*Matthew 14:30*

#### What Leads To Conflict:

1. Being pressured to make a quick decision
2. Others not being genuine or authentic
3. Seeing others not working hard or lacking commitment and loyalty
4. Being criticized harshly or frequently
5. Seeing others be irresponsible and not planning ahead
6. Inconsistent or suspicious use of authority

#### How To Show Sixes Love:

1. Be direct and clear with me
2. Listen to me carefully
3. Please don't judge me for my anxiety
4. Reassure me that everything is going to be OK
5. Laugh and make jokes with me
6. Tell me and show me that you support me
7. Acknowledge that I am loyal, responsible, and supportive

### What We Can Learn From Sixes:

- Devotion
- Courage
- Preparedness
- Trustworthiness
- Team-Orientation

### PRACTICAL NEXT STEPS:

1. EMBRACE DAYDREAMS SUPPRESS \_\_\_\_\_.
2. MEMORIZE VERSES THAT FILL YOU WITH \_\_\_\_\_ AND PEACE.
3. ASK, "WHAT IS THE \_\_\_\_\_ THAT COULD HAPPEN?"
4. PRACTICE \_\_\_\_\_.
5. \_\_\_\_\_ YOUR COMMUNITY OF FRIENDS.

**Fill in the blanks TYPE SIX:** day-mares, courage, best, positivity, trust.

### DISCUSSION QUESTIONS:

#### I'M NOT A SIX...

1. Who do you know in your family, life group, or oikos that is a Six? How have you seen their Type Sixness play out in your interactions with them?
2. Read Deuteronomy 31:6. Knowing that a Six in your life struggles with a sense of worry, fear, and anxiety, how can you help them feel safe?

#### AS A SIX...

3. As a Type Six, how has my Sixness helped me and hurt me in my interactions with others?
4. Read Isaiah 41:10. As you read this, remember that God is with you always. You do not walk alone. Read Philippians 4:6-7. What is the promise that God will give you when you give your anxieties to Him in prayer? As a Six how does this speak to your soul?

You can pick up copies of past sermon notes/study guides at the information center in the lobby. For more resources and links to previous sermons for this series go online to:  
**[purposechurch.com/tools](http://purposechurch.com/tools)**