

# UNIQUELY MADE

TOOLS FOR UNDERSTANDING HOW GOD MADE EACH OF US

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## WEEK 5: Types Seven and Eight

*"I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well."*

*Psalm 139:14*

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### THE ENTHUSIAST | Entertaining Optimist

The Busy, Fun-Loving Type: Spontaneous, High-Spirited, Adventurous, and Distractible

#### ACTS 4:36

**INTRODUCTION:** Sevens approach life with curiosity, optimism, spontaneity and a sense of adventure, like "kids in a candy store" who look at the world in wide-eyed, rapt anticipation of all the good things they are about to experience.

**CORE FEARS:** Being deprived and in \_\_\_\_\_.

**BASIC DESIRE:** To be satisfied and content—to have their needs \_\_\_\_\_.

#### HOW I TYPICALLY COMMUNICATE:

-When I'm doing well, I speak in a fun, lively, light-hearted, upbeat, optimistic, and joyful way. I also take the time to listen to and encourage others without taking over.

#### ACTS 9:26-27

-When I'm not doing well—I can be hyper, scattered, keep attention on myself by telling long and grand stories, reframe and avoid anything pessimistic or too deep.

#### ACTS 11:22-24

**Put to Death**—your Core Weakness of gluttony, which causes you to try to fill yourself up with new experiences to avoid pain. Only through Christ can you be completely satisfied.

**Bring to Life**—your heart’s Core Longing to know you are taken care of through Christ’s unending living water. Take rest and joy as His cherished child!

**What Leads To Conflict:**

1. When a 7 isn’t taken seriously.
2. When they feel like they always have to be the “fun one.”
3. When they are forced to deal with painful, negative, or uncomfortable emotions.

**How To Show Sevens Love:**

1. Offer companionship, affection, and freedom.
2. Engage with me in stimulating conversation and laughter.
3. Remind me to savor the present moment since I’m typically looking forward to the next exciting event.

**What Can We Learn From Sevens:**

Acts 15:36-39

1. Treat people how God has chosen to treat you. Give people a second chance.
2. Hope and believe that God’s presence is reason to celebrate.

**Fill in the blanks TYPE SEVEN:** pain, fulfilled, always, offer, give, celebrate.

**DISCUSSION QUESTIONS:**

**I’M NOT A SEVEN...**

1. Who do you know in your family, life group, or oikos that is a Seven? How have you seen their Enneagram Seven-ness play out in your interactions with them?
2. Read Hebrews 3:13. Knowing that a Seven in your life loves a good time, how can you intentionally encourage them daily by pointing them to Christ and highlighting what you love about them?

**AS A SEVEN...**

3. As a Type Seven, how has my Sevenness helped me and hurt me in my interactions with others?
4. Read Psalm 139:23-25. Have you ever struggled with being open and honest with God about your own sin, struggles, and challenges in life? Try spending time this week opening your life to God and allowing Him to reveal parts of your life that He wants to change, heal, and transform.

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## THE CHALLENGER | Protective Challenger

The Powerful, Dominating Type: Self-Confident, Decisive, Protective, and Confrontational

**INTRODUCTION:** Eights are a straightforward, even an aggressive leader, who cares intensely about justice.

**CORE FEARS:** Being weak, powerless, harmed, controlled, vulnerable, manipulated, and left at the mercy of injustice.

**BASIC DESIRE:** Fighting for the right things.

### HOW I TYPICALLY COMMUNICATE:

*-When Eights are Healthy—*I am a generous and loyal friend. I am honest, assertive, and have a confident presence. I stand up for, and protect, those I care deeply for, the weak and those at the mercy of injustice.

#### HEALTHY JOHN THE BAPTIST: LUKE 3:7-14, 19-20

*-When I am not doing well—*I can be quick to anger, demanding, insensitive, challenging, too assertive and blunt and refuse to see how I am hurting others.

#### UNHEALTHY MIRIAM: NUMBERS 12:1-2

PRACTICAL NEXT STEPS:

1. EACH MORNING, THINK OF ONE SIMPLE WAY YOU CAN \_\_\_\_\_ THAT DAY.
2. PICTURE YOURSELF HANDING A SPECIFIC \_\_\_\_\_, \_\_\_\_\_, OR \_\_\_\_\_ OVER TO THE LORD, GIVING HIM FULL AUTHORITY OVER YOUR LIFE.
3. ASK GOD TO GIVE YOU THE SELF-CONTROL TO THINK AND FEEL BEFORE YOU ACT, TO HELP YOU PRACTICE \_\_\_\_\_ AND TO TRUST OTHERS TO \_\_\_\_\_ WHEN NECESSARY.

**Fill in the blanks TYPE EIGHT:** relinquish, control, challenge, desire, relationship, moderation, lead.

**What Leads To Conflict:** Seeing any kind of injustice. When others do not deal with issues directly or assertively. Others not taking responsibility for their own behavior or mistakes. Others misunderstanding my blunt style of communication for being mean or harsh. Others are not being completely honest or straightforward in their communication. Being blindsided or betrayed.

**How To Show Eights Love:** Stand up for yourself and for me. Be confident, strong and direct. Notice that I am tender and have a vulnerable side behind my strong exterior. Acknowledge the contributions that I make but don't falter me. I often speak in a direct and assertive way. Please don't automatically assume it is a personal attack against you.

**What We Can Learn From Eights:** That we should have the courage to stand for Christ, share Christ, confront sin, fight for injustice and defend the truth.

## DISCUSSION QUESTIONS:

### I'M NOT AN EIGHT...

1. Who do you know in your family, life group, or oikos that is a Eight? How have you seen their Type Eightness play out in your interactions with them?
2. Read Numbers 12:1-2. Knowing that a Eight in your life struggles with being outspoken, how can you show grace in your responses?

### AS AN EIGHT...

3. As a Type Eight, how has my Eightness helped me and hurt me in my interactions with others?
4. Read Luke 3:7-14, 19-20. As you read this, remember that you are God's masterpiece exactly as you are. God has made you bold. Pray this week for how God can use your boldness to further the kingdom for His glory.

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**[purposechurch.com/tools](http://purposechurch.com/tools)**