

THE BIG GOD STORY CHALLENGE

JESUS IS PEACE 3/22/20 ELEMENTARY FAMILY GUIDE

“Be still and know that I am God.” >> PSALM 46:10

FAMILY QUESTIONS	Search it Out
What was Jesus doing during the terrible storm?	Mark 4:38
What did the disciples say to Jesus?	Mark 4:38
How did Jesus respond to the disciples? What does this show us about who Jesus is?	Mark 4:39-40

Talk About It:

- The disciples were so surprised that Jesus was able to calm the storm. Read verse 41 together. The disciples didn't quite understand who Jesus was. How could the wind and the waves obey him, they wondered. They were still figuring out who Jesus is, but we know that Jesus is God! How does it make you feel to know that Jesus is in control and that He can bring us peace, even in a storm?

- What storms are you in right now as a family? Talk about some problems you might be facing and spend a few minutes praying together to really trust and know that Jesus can bring peace.

Family Prayer: Dear Jesus, I pray that you help us with _____. Thank you for bringing us peace, even in the middle of these storms. We trust you to help us and fill us up with peace that passes all understanding.

FAMILY ACTIVITIES	Materials Needed
Write “Jesus is our Peace” with a white crayon on a white paper. You won't be able to see it very well. Paint over it with watercolor and the words will appear! Place it somewhere you can see it so as a family you will remember that Jesus brings peace, even in a storm!	<ul style="list-style-type: none"> • white piece of paper • white crayon/pastel • watercolor paint (any color) • water & paintbrush
As a family, talk about who might be needing peace during this season. Maybe you have a neighbor or family member that needs a reminder that Jesus is peace. Come up with a way to be a blessing to that person. Perhaps you could make a care package for a neighbor and leave it on their doorstep. Or maybe you could record an encouraging video and prayer and text it to someone who needs to see it.	<ul style="list-style-type: none"> • materials vary

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TALK ABOUT IT

1. When the storm got really scary, and the waves got really big, the disciples were so afraid, but Jesus wasn't at all; in fact, he was sleeping! Why do you think Jesus wasn't afraid in the storm?
2. What's something in your life that feels like a storm right now?
3. What makes you feel safe?

FAMILY ACTIVITIES

1. Write “Jesus is our Peace” with a white crayon on a white paper. You won't be able to see it very well. Paint over it with watercolor and the words will appear! Place it somewhere you can see it so as a family you will remember that Jesus brings peace, even in a storm!
2. Print out the coloring sheet of Jesus calming the sea and color it together! Talk about the ways Jesus gives us peace when we're scared.

