

THE BIG GOD STORY CHALLENGE

JESUS IS HELP

3/29/20 ELEMENTARY FAMILY GUIDE

“Be still and know that I am God.” >> PSALM 46:10

FAMILY QUESTIONS	Search it Out
Who were the two people that Jesus helped in the story?	Mark 5:22-23, 25
Why did the woman touch Jesus' clothes?	Mark 5:28
Why do you think God wants us to have faith in Him?	Ephesians 2:8; Hebrews 11:1, 6; 1 John 5:4

Talk About It:

- Have you ever cried out to God for help before? How did you see Him respond?
- Is there anything that you need God's help with today? Spend time asking God for help and remember that He loves you and cares about you because you are His child. Though you might need to be patient, you can trust that God will hear and respond.

Family Prayer: Dear Jesus, I pray that you help us remember to call on you when we need help. Thank you for bringing us comfort, healing us, and giving us peace. We trust you to help us. Thank you for being such a good God!

FAMILY ACTIVITIES	Materials Needed
BANDAID CRAFT. Cut out a heart from construction paper and write “Jesus is Help” at the top. Place two bandaids in the shape of a cross in the middle of the heart. Around the cross, write down things you need help with. (Examples: bruises, cuts, hurt feelings, feeling bored, worried about...) Remember that Jesus loves you and wants to help you with all of your burdens. Put it somewhere you can see it so as a family you will remember that Jesus is help.	<ul style="list-style-type: none"> • colorful construction paper • crayons/markers • two bandaids (See Video for Example)
PRAY FOR YOUR FAMILY MEMBERS. Go around and interview every person in your family and ask what they might need help with this week. Then, pray for that person. Ask God to help him or her with what they need. This is a great way to bless your family!	<ul style="list-style-type: none"> • none
VERSES TO READ TOGETHER: Read the following verses together to remember how much God cares for you and longs to help you. 1 Peter 5:7, Hebrews 4:16, Psalm 46:1, Isaiah 41:10	<ul style="list-style-type: none"> • Bible

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TALK ABOUT IT

1. The woman in the crowd knew that she would be healed just by touching Jesus’ clothes! And she was healed! She trusted that Jesus was God. Do you trust that Jesus is God, and that he can heal you and help you?

2. Jairus asked Jesus to help, and Jesus said “yes!” because he loves us! What’s something in your life where you need Jesus’ help? Is something hurting your heart? Pray as a family and ask God to help you.

FAMILY ACTIVITIES

1. **Bandaid Craft:** Cut out a heart from construction paper and write “Jesus is Help” at the top. Place two bandaids in the shape of a cross in the middle of the heart. Around the cross, write down things you need help with. (Examples: bruises, cuts, hurt feelings, feeling bored, worried about...) Remember that Jesus loves you and wants to help you with all of your burdens. Put it somewhere you can see it so as a family you will remember that Jesus is help.

2. **Coloring Sheet:** Print out the coloring sheet of Jesus raising Jairus’ daughter from the dead, and color it together. As you color, talk about how much Jesus loves us, and that we are his children!

Jesus heals Jairus's daughter.

Matthew 9:18-26; Mark 5:22-43;

Luke 8:40-56

