

# HOW TO HANDLE ANGER

THE ANGER OF MOSES
EXODUS 2:11-12, 11:8

NUMBERS 20:2-12

**EXODUS 32:19** 

1.	CONSIDER	THE	
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"But I tell you that anyone who is angry with a brother or sister (without cause) will be subject to judgment."

#### MARK 3:1-6

"Anger is God's personal reaction to sin. He loves people and he is angry on behalf of the victims of oppression, injustice, and cruelty."

Nicky Gumbel

### **EPHESIANS 4:26**

"Anybody can become angry....that is easy; but to be angry with the right person and to the right degree and at the right time, and for the right purpose, and in the right way - that is not within everybody's power and is not easy."

Aristotle (384-322 B.C.)

1 JOHN 3:15





June 6, 2021 Pastor Glenn Gunderson

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2. PRESS THE \_\_\_\_\_

PSALM 145:8	PSALM 145:8
PROVERBS 14:17	PROVERBS 14:17
PROVERBS 22:24-25	PROVERBS 22:24-25
3. WATCH YOUR	3. WATCH YOUR
"Again, anyone who says to a brother or sister, 'Raca', is answerable to the court. And anyone who says, 'You fool!' will be in danger of the fire of hell."	"Again, anyone who says to a brother or sister, 'Raca', is answerable to the court. And anyone who says, 'You fool!' will be in danger of the fire of hell."
PROVERBS 15:1	PROVERBS 15:1
4. MASTER YOUR  "You have heard that it was said to the people long ago, 'You shall not murder, and anyone who murders will be subject to judgment.' But I tell you that anyone who is angry with a brother or sister will be subject to judgment."	4. MASTER YOUR  "You have heard that it was said to the people long ago, 'You shall not murder, and anyone who murders will be subject to judgment.' But I tell you that anyone who is angry with a brother or sister will be subject to judgment."
5. COUNT THE	5. COUNT THE
"in danger of the fire of hell" "you may be thrown into prison"	"in danger of the fire of hell" "you may be thrown into prison"
EPHESIANS 4:26-27	EPHESIANS 4:26-27
6. PURSUE	6. PURSUE
Settle out of: "Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift."	Settle out of: "Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift."
Settle out of: "Settle matters quickly with your adversary who is taking you to court. Do it while you are still together on the way, or your adversary may hand you over to the judge, and the judge may hand you over to the officer, and you may be thrown into prison. Truly I tell you, you will not get out until you have paid the last penny."  "A lean settlement is better than a fat law-suitMany go into court to get wool, but come out closely shorn."  C.H. Spurgeon	Settle out of: "Settle matters quickly with your adversary who is taking you to court. Do it while you are still together on the way, or your adversary may hand you over to the judge, and the judge may hand you over to the officer, and you may be thrown into prison. Truly I tell you, you will not get out until you have paid the last penny."  "A lean settlement is better than a fat law-suitMany go into court to get wool, but come out closely shorn."  C.H. Spurgeon