

WELCOME TO PURPOSE CHURCH!

Are you new to Purpose Church?

We are so glad you are here! We want to meet you, answer any questions you might have, and help you get connected. Come to the Connect Center located in the Lobby after the service to meet our friendly team and pick up a free gift!

NEXT STEPS AT PURPOSE

We believe every person has a *next step* to take. We are here to help you discover and take yours.

Have you decided to follow Jesus?
Do you want to get baptized?
Do you need hope, healing and support?
Are you looking for meaningful community?

Head to: purposechurch.com/nextsteps



Everyone Everywhere Following

PRAYER

We would love to pray with you! Please stop by the prayer room after the service or submit a prayer request online. purposechurch.com/prayer

GIVING

We believe that generous people transform the world! Offering boxes are available in the lobby on Sundays or you can give online. purposechurch.com/give

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PURPOSECHURCH.COM

DON'T FORGET: TRAIN YOUR SOUL TO PRAISE BY REMEMBERING WHAT'S ALWAYS TRUE ABOUT GOD

August 31, 2025 / Sarah Holmstrom

HOW'S YOUR SOUL?

Isaiah 49:15-16

#1 REMIND YOUR SOUL:	GOD	ALL MY
Psalm 103:3	SINS	
Psalm 103:9-12		
Proverbs 28:13		
1 John 1:9		
#2 REMIND YOUR SOUL:	GOD CAN	
Psalm 103:4-5	ANYTHING	
#3 REMIND YOUR SOUL:	GOD	ME
Psalm 103:11, 13	FULLY	
#4 REMIND YOUR SOUL:	GOD ALWAYS	
Psalm 103:14-18		ME

REMIND YOUR SOUL:

- He forgives all my sins.
- · He heals all my diseases.
- He redeems my life from the pit and crowns me with love and compassion.
- He satisfies my desires with good things.
- He removes my sins as far as the east is from the west.
- He doesn't treat me as my sins deserve.
- He has compassion on me like a good father.
- He remembers me.

REFLECT | DISCUSS | PRACTICE

- **1. REFLECT:** How did God specifically speak to you through the Bible passages and sermon?
- **2. DISCUSS:** Read Psalm 103:1-3, 8-12. How have you experienced the difference between *hiding* sin and *confessing* it? What changes in your relationship with God when you practice confession regularly?
- **3. DISCUSS:** Read Psalm 103:4-5. Looking back, can you think of a moment where you were in a "pit" and God used even your failures, mistakes, or sins for His glory?
- **4. DISCUSS:** Read Psalm 103:11, 13. Our experience with our earthly fathers, whether wonderful, complicated, or absent, can shape how we view God as Father. How has your own father shaped your view of God? And how have you experienced God showing Himself as the perfect Father who loves you unconditionally?
- **5. DISCUSS:** Read Psalm 103:14-18. When you read that God knows you completely and still chooses to love you forever, what does that change about the way you see yourself? How can you remind your soul that God remembers and loves you "from everlasting to everlasting?"
- **6. PRACTICE:** Keep this list of things that are always true about God handy to read and reflect on each morning and evening this week. Practice reminding your soul to praise the Lord for who He is and what will never change about Him. Extra challenge: Memorize the "Remind Your Soul" list or all of Psalm 103.

For more life group, reflection, and discussion content, and to join or start a group, visit: **purposechurch.com/groups**

Fill in the blanks: FORGIVES, REDEEM, LOVES, REMEMBERS

